

SCHOOL WELLNESS POLICY STATEMENT

Recognizing that improved health optimizes student performance potential, the Richfield Jt. School District #1 shall promote life-long healthy habits to enhance each child's academic, physical, emotional, and social development. The Richfield Jt. School District #1 shall create an environment that supports wellness education with an EC-8 curriculum, good nutrition and healthy eating habits, and opportunities for regular physical activity as part of the total learning environment. This wellness policy aims to provide students the opportunity to develop the knowledge and skills for a variety of physical activities, maintain physical fitness, provide student nutrition services, and understand the benefits of a physically active and healthy lifestyle.

Approved: 2/22/07

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